

# Hello, June!

The **#GlobalYou365 Challenge** is meant to spark reflection on who you are and what you want, now that you've been abroad. This self-knowledge will give you a clearer vision for creating your ideal global life at home and abroad. This challenge is intended to be simple and fun, and there's no right or wrong way to do it. So have fun with it and enjoy the process!

- On the first of the month, start with prompt #1. There's one prompt for each day of the month.
- To have easy access to the daily prompts, you can print out this page, cut out the list of prompts to the right, and tape the list to a page in your journal. Or print the list on a page of clear or white labels (use the label download), and stick one label on each page of your journal.
- There are unlimited ways to respond to the daily prompts! Write a paragraph, make a list, jot down keywords, doodle...go simple or get creative!
- At the end of the month, look back at what you wrote. What themes or patterns do you see? What are you learning about yourself? Jot down your observations on a page in your journal.
- **I'm hanging out in our Re-Entry Relaunchers Unite! Facebook community** these days, so join us there to share your journal, memories, and tips: <https://www.facebook.com/groups/smallplanetstudio/>

[Small Planet Studio](#) is a personal and professional development company that provides services for global adventurers who have been changed by living and traveling abroad and don't want to readjust to the status quo of the home they left behind. Our goal is to help global adventurers create *global lives* so they can flourish at home and abroad. The key to that is understanding how to find your global life ingredients and use them to create a meaningful, satisfying, and sustainable global life that fits you as perfectly as your favorite travel shoes. *Special thanks for Kerianne Baylor for suggesting some of May's prompts!*

Cut on the dotted line →

## #GlobalYou365 // June

1. Favorite memories from May
2. My dream vacation
3. Earliest travel memory
4. How I enjoy learning
5. My favorite way to learn a language
6. Best re-entry advice I've gotten
7. What I did yesterday
8. Favorite take-out meal
9. Favorite roommate
10. What I'm grateful for today
11. Someone I'd love to meet
12. A color I never get tired of
13. My first job
14. Craziest form of transport I've been on
15. Foods I've always disliked
16. The store I most recently visited
17. What I'm wearing today
18. Most inspirational human
19. What I enjoy reading
20. Favorite song in another language
21. How I define meaningful travel
22. Favorite travel movie
23. What I can smell from where I am
24. Best beaches I've visited
25. Coolest aquatic activity I've done
26. Go-to dinner
27. How travel has transformed me
28. How I volunteer
29. Something I'd never wear traveling
30. Hot weather: love or hate it?

#GlobalYou365

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